

DIY Natural Lip Mask Recipes

10 Easy Homemade Remedies for Soft, Rosy Lips

Aloe Vera & Olive Oil Lip Mask

Benefits: This soothing lip mask calms irritation and deeply moisturizes dry, chapped lips.

Ingredients:

- 1 tsp fresh aloe vera gel
- - tsp extra virgin olive oil

Instructions:

- Blend all ingredients until smooth.
- Spread evenly on your lips.
- Leave on for 20 mins or overnight.
- Remove with warm water.

Aloe Vera Overnight Lip Mask

Benefits: This night lip treatment is for intense repair and deep hydration.

Ingredients:

- 1 tsp fresh aloe vera gel
- 1-2 drops vitamin E oil

Instructions:

- Mix aloe and vitamin E oil.
- Apply before bedtime.
- Let it stay on overnight.
- Wipe off with warm water.

Honey & Coconut Oil Lip Mask

Benefits: Hydrates dry lips and heals cracks.

Ingredients:

- 1 tsp raw honey
- 1 tsp virgin coconut oil

Instructions:

- Mix both in a small bowl.
- Apply thick layer.
- Leave on 15-20 mins.
- Wash off and pat dry.

Strawberry & Honey Lip Scrub

Benefits: Exfoliates gently while hydrating and softening lips.

Ingredients:

- 1 ripe strawberry (mashed)
- - tsp raw honey

Instructions:

- Mix both to form paste.
- Rub on lips in circles.
- Let sit 5-10 mins.
- Wipe off with cool water.

Avocado & Honey Lip Mask

Benefits: Avocado nourishes, honey locks in moisture.

Ingredients:

- 1 tbsp ripe avocado (mashed)
- 1 tsp honey

Instructions:

- Mix well.
- Apply thick layer.
- Leave on 15-20 mins.
- Rinse gently and pat dry.

Shea Butter & Almond Oil Lip Mask

Benefits: Softens and restores dry lips.

Ingredients:

- 1 tsp shea butter
- 3-4 drops sweet almond oil

Instructions:

- Warm shea butter.
- Mix in almond oil.
- Apply thin layer before bed.
- Wash off in morning.

Brown Sugar & Olive Oil Lip Mask

Benefits: Exfoliates and moisturizes for smooth lips.

Ingredients:

- 1 tsp brown sugar
- 1 tsp olive oil

Instructions:

- Mix to paste.
- Massage lips for 1-2 mins.
- Rinse with warm water.

Shea Butter & Vitamin E Lip Mask

Benefits: Heals and protects dry lips.

Ingredients:

- 1 tsp shea butter
- Contents of 1 vitamin E capsule

Instructions:

- Warm butter.
- Mix in vitamin E.
- Apply and leave 20 mins or overnight.
- Rinse in morning.

Cucumber & Mint Cooling Lip Mask

Benefits: Cools, hydrates, and soothes lips.

Ingredients:

- 1 slice cucumber (blended)
- 1 tsp aloe vera gel
- 1 drop peppermint oil (optional)

Instructions:

- Mix all.
- Apply layer to lips.
- Relax for 10-12 mins.
- Rinse or wipe with cloth.

Yogurt & Lemon Juice Lip Mask

Benefits: Lightens, exfoliates, and smooths lips.

Ingredients:

- 2 tsp plain yogurt
- 1 tsp fresh lemon juice

Instructions:

- Mix until smooth.
- Apply thin layer.
- Leave 8-10 mins.
- Rinse with cool water.